May is **Beef Month** and also **Hamburger Month**. Here are some "Hamburger Trivia Questions" collected from various sources:

**1. How did the Hamburger get its name?**

   a) From the Baltic provinces of Russia in the Middle Ages where rowdy, nomadic tribes of Tartary developed a fondness for raw beef, known today as steak Tartar.
   
   b) From the German trading partners of the Tartars who lived in Hamburg; they developed a taste for raw beef fried with onions, called Hamburg Steak.
   
   c) From German immigrants who brought "Hamburg Steak" to the US in the 1700s and 1800s.
   
   d) All of the above.

   **Answer:** all of the above.

**2. Which World’s Fair did the “hamburger” create a new sensation?**

   **Answer:** Both the hamburger and ice cream cone "debuted" at the 1904 World’s Fair in St. Louis. Both are still popular today because they meet consumer’s need for tasty, portable food.

**3. What was the world’s first hamburger chain founded in 1921, in Wichita, Kansas?**

   **Answer:** The first hamburger "chain" was White Castle.

**4. What is the nickname for the square, baby burgers sold at White Castle?**

   **Answer:** sliders

**5. By the 1930’s hamburgers had another nickname, coming from an insatiable hamburger addict from the Popeye comic strip. What were they called?**

   **Answer:** Wimpy burgers

**6. What sandwich is America’s favorite, with 86% of the population ordering them in the last year?**

   **Answer:** Hamburger or cheeseburger.
7. In 1888, An English doctor prescribed three hamburger meals a day as a cure for various ailments. His name is remembered today as the name of a seasoned ground beef patty served with a gravy. The doctor’s name is:

Answer: Salisbury (as in Salisbury steak)

8. When and where did the first McDonald’s Restaurant open?

Answer: The first true McDonalds restaurant opened in 1955 in Des Plaines, Illinois, by founder Ray Kroc who had discovered a small quick-serve hamburger restaurant in California owned by Dick and Mac McDonald. The Des Plaines McDonalds is now a museum.

9. What lady made the phrase “Where’s the Beef?” popular and for what restaurant chain?

Answer: Clara Peller for Wendy’s

10. How many quarter-pound hamburgers come from the ground beef in one 1,000 pound steer (from just the normal beef ground into ground beef)?

Answer: almost 1,000 quarter-pound burgers

11. Which has less fat and more nutrients? 90% or 95% lean ground beef or ground turkey?

Answer: The ground beef!
- 3 ounces of cooked 95% lean ground beef has 5 grams of fat.
- 3 ounces of 90% lean ground beef has 9 grams
- 3 ounces of ground turkey has 11 grams of fat. (Ground turkey includes the fat and skin.)